

Lui Style Form

Section 1 Part 1

- 1 Wuji
- 2 Grand Universe begins
- 3 Circle to Lazily Roll Up Sleeve
- 4 Open, Close, Single Whip
- 5 Crane Cools wings
- 6 Push
- 7 Open and Close

Part 2

- 8 Brush Knee and Palm
- 9 Play the Pipa
- 10 Clear Hands twice
- 11 Perry, Punch, and Push
- 12 Open, Close
- 13 Brush Knee and Palm
- 14 Roll Back, circle, and press
- 15 Lazily Roll Up Sleeve Twice

Part 3

- 16 Open, Close, Single Whip
- 17 Turn and Punch
- 18 Repulse the Monkey Twice
- 19 Crane Cools wings
- 20 Push
- 21 Open and Close
- 22 Brush Knee and Palm

Part 4

- 23 Play the Pipa
- 24 Needle to the Sea Bottom
- 25 Hold up the Pagoda
- 26 Arm Lock
- 27 Roll Back and double punch
- 28 Center three times
- 29 Lazily Roll Up Sleeve

Section 2 Part 1

- 30 Open, Close, Single Whip
- 31 Crane Cools Wings
- 32 Cloud Hands three times
- 33 Wipe off, Punch Down, Kick
- 34 Single Whip
- 35 High kick and Palm
- 36 Ward off, punch down
- 37 Leaning punch

Part 2
38 Rolling Punch
39 Double kick
40 Ward off, turning double punch
41 Double punch spin kick
42 High kick and Palm
43 Play the Pipa
44 Clear Hands Once
45 Perry, Punch, Push

Part 3
46 Open, Close, Single Whip
47 Ward off, Open Hands up
48 Hold up the Pagoda
49 Snake Creeps down
50 Scoop the Moon
51 lazily Roll Up Sleeve

Part 4
52 Open, Close, Single Whip
53 Turning hand points down
54 Hold up the Pagoda
55 Fair Lady Weaves the Shuttle
56 Hold up the Pagoda
57 Fair Lady Weaves the Shuttle
58 Pull in and Press
59 Lazily Roll Up Sleeve twice

Section 3 Part 1
60 Open, Close, Single Whip
61 Crane Cools Wings
62 Cloud Hands
63 Wipe off
64 Golden Rooster kicks twice
65 Mighty Chicken kicks
66 Repulse the Monkey twice

Part 2
67 Crane Cools Wings
68 Push
69 Open and Close
70 Brush Knee and Palm
71 Play the Pipa
72 Needle to the Sea Bottom
73 Hold up the Pagoda
74 Lazily Roll Up sleeve Twice
75 Open, Close, Single Whip

Part 3
76 Crane Cools Wings
77 Cloud Hands
78 Rolling Punch

79 Crane Kick
80 Sinking Punch
81 lazily Roll Up Sleeve Once
82 Open, Close, Single Whip

Part 4

83 Cross Hands
84 Spin kick
85 Double Spear Hands
86 Double Punch
87 Return to the Mountain
88 Close